For Physicians & Mental Health Professionals

When a case is too complex for a single provider, PPG assembles the right team.

Pacific Premier Group works with individuals, couples, and families facing psychiatric and emotional challenges that haven't responded to conventional care: treatment that has fallen short, overlapping conditions, or complexity that calls for a higher level of expertise. Founded in 2014 by Dr. Paul Conti, PPG integrates brain biology and psychology to treat the whole person, not a diagnosis in isolation.

Trauma isn't all we treat, but its effects run through nearly every complex case, and our approach is built to recognize that. We assemble the right medical, therapeutic, and consulting expertise for each person, whether that's one clinician or an entire team, with the discretion complex cases require.

How we can help

- Psychiatric consultation and second opinions for complex or unclear presentations
- Management of complicated medication cases
- Trauma-focused evaluation and treatment
- Addiction assessment and treatment
- Family systems consultation
- Intensive programs, customized treatment for one client at a time (when standard treatment isn't enough)

Who is a good fit

Individuals, couples, and families whose situations are complex, unclear, or haven't responded to standard treatment, and who need more depth, more disciplines, perhaps a whole team, or more time than a typical practice can offer. PPG is not an emergency or crisis service. For anyone in immediate danger, please call 911.

Referring to PPG doesn't mean losing your client.

Many providers worry that once a case is referred out, the relationship won't come back. We coordinate rather than replace. With client consent, we keep you informed throughout, and once the immediate need is addressed, we support a return to your ongoing care wherever appropriate.

What happens after you refer

- You contact PPG, and we respond the same day or the next.
- We review the case and match the right clinician or team.
- Your client receives a comprehensive assessment.
- We either continue treatment or recommend the right next level of care, coordinating with you and your client's existing providers.

Important to know:

PPG is out-of-network and does not bill insurance. Payment is due at the time of service, and we provide a “superbill” so clients can seek reimbursement through their out-of-network benefits.

Refer a client:

Pacific Premier Group

www.pacificpremiergroup.com

Intake Coordinator: Shannon Hardman | 971-801-7192 | shardman@pacificpremiergroup.com